



INDIAN SCHOOL MUSCAT
PO Box: 2470, Ruwi, P.C. 112
Sultanate of Oman



ISM/PRN/037/2021-22

24th May 2021

CIRCULAR TO PARENTS OF GIRL STUDENTS (CLASSES IV to XII)

Awareness on Menstrual Hygiene Management

Dear Girl Students and Parents,

Greetings from Indian School Muscat!

May 28 is considered as the global Menstrual Hygiene Day initiated by WASH United. Menstrual Hygiene Management is an important factor of a Girl's health and well-being. To create better understanding and awareness on this factor among girls of our school, the Lady Counsellors of Indian School Muscat will be conducting online sessions for the Girl Students of the School on Menstrual Health and Hygiene Management as given below.

Day & Date	Classes	Time
Thursday, 27 th May 2021	IX to XII GIRLS ONLY	6.00 p.m. to 7.00 p.m.
Monday, 31 st May 2021	IV to VI GIRLS ONLY	6.00 p.m. to 7.00 p.m.
Tuesday, 1 st June 2021	VII & VIII GIRLS ONLY	6.00 p.m. to 7.00 p.m.

All Girl students are requested to join the online session as per the schedule and take the benefit of the session. The meeting link will be shared with you in your class groups on the day of the session. All students are requested to make use of this session.

With Best Wishes,

Dr Rajeev Kumar Chauhan
Principal

